



24 Hour  
Domestic Abuse  
**HELPLINE**  
0300 561 0077  
Call now!

Leeway is a specialist domestic abuse charity based in Norfolk and Suffolk.

Domestic abuse doesn't just mean violent behaviour, it's about power and control. It can also include emotional, psychological and financial abuse.

**Do you:**

- Feel afraid of someone you know?
- Feel you can't do anything right?
- Feel emotionally numb and helpless?
- Believe that you deserve to be hurt or mistreated?

**Does someone you know:**

- Criticise you and treat you badly?
- Blame you for their abusive behaviour?
- Control where you go or what you do?
- Hurt you or threaten to kill you?

Domestic abuse can affect anyone, regardless of gender, age, income or ethnicity.

If you, or someone you know is affected, call our free, confidential helpline:

**0300 561 0077**

[referrals@leewaynwa.org.uk](mailto:referrals@leewaynwa.org.uk)



Leeway Domestic  
Violence and  
Abuse Services



@LeewayDV